

**Mindset Ignite – My Thoughts**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **My job role is:**  ○ Individual contributor  ○ Team Lead | ○ Manager  ○ Senior Manager | **My Business Unit is:**  ○ Professional Services  ○ R&D | | | | ○ Other | | |
|  | | | Strongly disagree | Disagree | Neither agree nor disagree | | Agree | Strongly agree |
| 1. I understand the real difference between a fixed mindset and a growth mindset. | | | ○ | ○ | ○ | | ○ | ○ |
| 1. My manager genuinely supports me trying new things and will support me even if I fail. | | | ○ | ○ | ○ | | ○ | ○ |
| 1. I am actively working on managing my fixed mindset triggers and I am working on building a more persistent growth mindset. | | | ○ | ○ | ○ | | ○ | ○ |
| 1. I understand how my mindset impacts my behaviour and performance. | | | ○ | ○ | ○ | | ○ | ○ |
| 1. I now know that I can benefit from and grow through change both personally and professionally (even if it doesn’t feel good at the time). | | | ○ | ○ | ○ | | ○ | ○ |

PTO

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly agree |
| 1. I understand how our team’s mindset impacts our performance. | ○ | ○ | ○ | ○ | ○ |
| 1. I will ‘act on’ and apply the material I’ve learned in this workshop. | ○ | ○ | ○ | ○ | ○ |
| 1. What I will do differently following attendance at this workshop is: | | | | | |
|  | | | | | |

*Please answer all above questions*

|  |  |
| --- | --- |
| My name is: (Optional) |  |